

# State Health Improvement Plan and Progress Report

## ACTION PHASE

Date Updated: July 1, 2016

This document is being submitted as:    Initial Program Plan   Revised Program Plan    Midyear Progress Report   Annual Progress Report

Priority:   Mental Health <input checked="" type="checkbox"/> Healthy Behaviors					
Strategy: Maximize and Develop Resources					
Description: The purpose of this strategy is to improve the resource base for programs that impact upon the adoption of healthy behaviors.					
Objective SMART format	Activities	Responsible Person or Agency	Timeline	Evaluation Measures	Accomplishments

<p>Develop funding plan for Motivate the First State pilot physical activity initiative</p>	<ol style="list-style-type: none"> <li>1. Identify prospective funders.</li> <li>2. Engage prospects through individual and group meetings.</li> <li>3. Secure funding from at least one foundation.</li> <li>4. Set up fiscal mechanism to receive and disburse funds.</li> </ol>	<p>Governor’s Council on Health Promotion and Disease Prevention: Sustainability Committee</p> <p>DPH through Administrative contract for facilitator</p>	<p>April 15 – plan adopted  May 30 – engage primary prospects for support - outreach materials  Sep 30 – Setup fiscal mechanism  Oct 15 – Convene meetings for prospective donors – actual recruitment for funding</p> <p>May 7 – Launch Plus3-Network web-based system  June 1 – begin enrolling Plus3 participants  Sep 30 – pilot study ends</p>	<p>Number of entities providing funding.</p> <p>Amount of financial contribution.</p> <p>Website launch</p> <p>Funding obtained for charitable contribution</p> <p>Participant enrollment</p> <p>Participant frequency in logging into the system</p> <p>Participant activity</p> <p>Amount of contributions participants are able to move to charity</p>	<ul style="list-style-type: none"> <li>• 5,000 participants enrolled</li> <li>• Completed (\$25,000 grant from Longwood)</li> <li>• Application submitted to Highmark</li> <li>• \$80K additional funding has been secured partners</li> <li>• \$20K has been moved to charity.</li> <li>• \$25K secured from Christiana Care Health Systems</li> </ul> <p>Through contract with State Chamber of Contract, Plus3 engaged and mockup of website developed</p>
<p>Identify and implement an incentive based fund raising tool ( e.g. Plus3Network) to track participation and move contributions.</p>	<ol style="list-style-type: none"> <li>1. Secure initial funding</li> <li>2. Enroll on website</li> <li>3. Enroll participants</li> <li>4. Leverage additional funding using initial success</li> </ol>	<p>Governor’s Council on Health Promotion and Disease Prevention:</p> <ul style="list-style-type: none"> <li>• Walkable/Bikeable Committee</li> <li>• Delaware Chamber of Commerce</li> <li>• Bike Delaware</li> </ul>			<ul style="list-style-type: none"> <li>• Additional funding for engaging partners and participants secured through DPH- PHHSBG</li> <li>• Quarterly reports submitted by Plus3 Network indicate annual increase in participation is 10% per quarter</li> <li>• Participation in activities logged</li> </ul>

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