

State Health Improvement Plan and Progress Report

ACTION PHASE

Date Updated: September 17, 2015

This document is being submitted as: Initial Program Plan Revised Program Plan Midyear Progress Report Annual Progress Report

Priority: Mental Health Healthy Behaviors

Strategy: Optimize Alignment and Coordination of Efforts Involving Healthy Eating and Active Living in Delaware.

Description: Coordinate and align efforts promoting Healthy Eating and Active Living by conducting an environmental scan of current efforts, analyze the data obtained and provide recommendations to DPHI.

NOTE: This revision is due to the DPH Health Behavior Strategy Map Team taking over as the objective owner from DE HEAL.

Note: The Action Plan must include consideration of the social determinants of health, causes of higher health risks and poorer health outcomes of specific populations, health inequities and policy changes needed to accomplish the identified health objectives.

| Objective SMART format | Activities | Responsible Person or Agency | Timeline | Evaluation Measures | Accomplishments |
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| By 31 May 2015, identify efforts involving healthy eating and active living in Delaware. | <ol style="list-style-type: none"> 1. Develop data and info collection tool. 2. Collect data (goals and objectives) from state coalitions and agencies | DPH Health Behavior Strategy Map Planning Team | <ol style="list-style-type: none"> 1. Jan 2015 Create collection tool 2. April 2015 Collect data | <ol style="list-style-type: none"> 1. tool created 2. data collected | The Planning team developed a spreadsheet with National Prevention Strategy Recommendations (NPSR) listed for Healthy Eating and Active Living as well as other health behavior measures for Tobacco Prevention and Self-Care. The planning team reviewed statewide plans which included among others the DE HEAL Plan, The Governor's Council on Health Promotion and |

<http://www.naccho.org/topics/infrastructure/mapp/framework/index.cfm>

Mobilizing for Action through Planning and Partnerships (MAPP) is a community-driven strategic planning tool for improving community health.

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| By 31 May 2015, analyze the data to identify gaps and make recommendations for each subject area to provide to the DPH Health Behaviors Strategy Map Implementation team. | <ol style="list-style-type: none"> 1. Review data collection tool and identify gaps between National Prevention Strategy Recommendations (NPSR) and reviewed plans. 2. Provide a list of recommendations to the Implementation Team for review and selection | DPH Health Behavior Strategy Map Planning Team | April 2015 review data May Provide recommendations | <ol style="list-style-type: none"> 1. Data analyzed 2. Recommendations provide to Implementation Team | Disease Prevention Recommendations, and the Delaware Cancer Plan. The Planning Team provided four (4) recommendations for each health behavior to the Implementation Team. |
| By 31 June 2015 the Implementation Team reviews the recommendations and selects at least one (1) strategy for each health behavior. | <ol style="list-style-type: none"> 1. Develop selection criteria 2. Select recommendations | DPH Health Behavior Strategy Map Planning Team | June 2015 develop selection criteria and make selections | <ol style="list-style-type: none"> 1. Selection criteria determined 2. Recommendations selected. | The Implementation Team met twice and determined selection criteria and made selections for all health behaviors. |
| By 31 August DPH Leadership Team review the selected recommendations and provide to DPHI. | <ol style="list-style-type: none"> 1. DPH Leadership conducts review and approval 2. Provide recommendations to DPHI | DPH Leadership | August 2015 provide findings to DPHI | Findings provide to DPHI | The DPH Leadership Team met on Sept. 17 th to approve selected recommendations of the Implementation and Planning Teams |

Please keep the following documents:

- A sign-in sheet for each meeting that has the date, purpose of meeting, who participated and the organization
- Meeting Minutes
- Membership lists of work groups or subcommittees.

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