

Enhance The Behavioral Health Workforce–Strategy 2

March 2016 Progress Report

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Workforce Development

Ongoing Initiative With 2 Broad Categories

- Continuing education

- Current providers of behavioral health related services

- Preparatory education

- Individuals interested in working within behavioral health at all levels

PLAN Objectives / Activities

Original Plan–6 Objectives

- 8 long term activities (3 years+)
- 23 short term activities (1–2 years)

DISCLAIMER: The items addressed in this presentation are updates related to the original plan.

Objective

- Increase access to training resources related to behavioral healthcare; main focus on Alcohol and other Drug (AOD) related topics; provide access to training in models of integrated behavioral and physical health care
- Target – current workforce

Delaware Learning Center

- ▶ Electronic repository (listing) of behavioral health related workshops implemented January 2016
- ▶ Available to all State employees
- ▶ Available through the DSAMH portal for ALL external users
 - Most in-person workshops are at no cost
 - Almost all workshops offer continuing education
 - There is a nominal \$2.50 per person registration/transaction fee that is charged by the software company

Increase Access to Training

- ▶ Partnered with Central East Addiction Technology Transfer Center (CE-ATTC) to bring addiction training to Delaware programs.
 - Held in December 2015 for over 500 participants at no cost to participants
 - Additional training being planned for 2016

Increase Access to Training

- ▶ Create other series for mental health professionals that address skills and knowledge based training in common core subject areas in the field of mental health
 - Over 100 no cost behavioral health training workshops currently available to Delaware professionals through the new Delaware Learning Center
 - Multiple conferences on mental health and substance use planned for fall 2016

Increase Access to Training Cont'd.

- Partnered with Autism Delaware to provide no cost conference on Improving Outcomes for Adults with Autism Spectrum Disorders and Mental Health Diagnoses in March 2016 for over 200 participants
- April – no cost conference on Substance Use and Medical issues
- Division of Public Health and Division of Substance Abuse and Mental Health have planned a June 6th no cost conference on tobacco cessation among the population who also have mental health diagnoses
- Expansion of video conferencing workshops to reach upstate and downstate audiences – currently offered monthly

Health Education

- **DE Division of Public Health**
 - Currently using Smart Moves–Smart Choices curriculum for prescription drug abuse education.
 - Exploring a grades 3–12 evidence–based curriculum in reducing opioid abuse using a life skills approach.

Objective

- ▶ Increase number of middle and high school students interested in careers in mental and behavioral health
- ▶ Target – future workforce

April 2016 Update Report

Career and Technical Education Allied Health Program of Study (POS)

Six (6) high schools have been approved
to begin the Allied Health POS

Appoquinimink High School

Middletown High School

Indian River High School

Sussex Central High School

Smyrna High School

Milford High School

Public & Community Health Program of Study

School district applications–Due Fall 2017

Enroll students for 2018–2019 school year

- Mental Health (Mental Health First Aid Certification)
- Behavioral Health
- Substance Abuse

Objectives

- ▶ Increase number of middle and high school students interested in careers in mental and behavioral health
- ▶ Increase number of college undergraduates who are interested in and prepared for a career in the behavioral healthcare field
- ▶ Target – future workforce

New Programs to meet the community needs Cont'd.

▶ 4 new certificates (Wilmington University)

1. Holistic Palliative and End of Life Care
2. Nutrition and Fitness
3. Health & Wellness
 - All 3 will be available to students, either post HS graduation or as a continuation of an AP course completed while in HS.
 - 15–16 college credits upon completion of each certificate which could be applied to a future BS degree.
4. Trauma-Informed Approaches – a 15 credit undergraduate certificate available to both undergraduate students and professionals working in the field.

New Programs to meet the community needs Cont'd.

- ▶ Beginning Summer 2016 Wilmington University will offer
 - 3 new courses in Trauma-Informed Approaches,
 - 2 new courses related to Palliative and End-of Life Care,
 - 4 new courses related to Nutrition, Wellness and Exercise

Proposed Certificates

- ▶ Wilmington University is working on a Public Health Certificate
 - Population: undergraduate students
 - Content:
 - general education in public and population health
 - epidemiology
 - health policy

Objective

- ▶ Influence graduate schools curriculum to reflect SHIP initiatives and current needs based on data
- ▶ Target – current and future workforce

Proposed Certificate

- ▶ Wilmington University is also working on a Post-Graduate Psychiatric Mental Health Nurse Practitioner Certificate
 - Upon completion, the student would be eligible to apply for National Board Certification.

Thank You!

- ▶ Your attention is appreciated
- ▶ Your support of these efforts is appreciated
- ▶ YOU are appreciated by all of the Strategy 2 Committee members many of whom are unable to be present today to personally describe their ongoing efforts on this plan.
- ▶ We look forward to sharing the annual report accomplishments.